

PATIENT INFORMATION

EARLY PREGNANCY ASSESSMENT UNIT

EPAU

**The EPAU provides a service Mon, Tues, Thurs and Fri
0830-1530**

TEL NO: 01463 705275

**Outwith these hours or if the phone is not able to be answered
you can leave an answer message and this will be picked up.**

**IF YOU NEED AN URGENT REVIEW OUTWITH THESE HOURS
PLEASE CONTACT**

**Your GP
Phone 111
ACCIDENT AND EMERGENCY DEPT in the case of very heavy
bleeding or severe pain**



Outside ward 9a in Zone 8

**RAIGMORE HOSPITAL
TEL NO: 01463 705275
OPENING TIMES: MONDAY – FRIDAY 0815-1515
(Closed Wednesdays)**

Who will be seen in Early Pregnancy and how can I get referred?

You may be referred to Early Pregnancy Clinic by your community MW, GP or AE. You can also self refer.

- 6 WEEKS PREGNANT AND LESS THAN 13 WEEKS PREGNANT
- EXPERIENCING VAGINAL BLEEDING which can be described as Light or moderate loss
- EXPERIENCING PELVIC PAIN
- PREVIOUS MISCARRIAGE X 2 or more
- PREVIOUS ECTOPIC OR MOLAR PREGNANCY
- IVF PREGNANCY
- UNCERTAIN GESTATION WITH PAIN

THE ASSESSMENT UNIT

Our specialist nurses are available on the phone for initial advice and to determine when to see you for an early pregnancy clinic appointment.

In clinic they will assess your current symptoms and clinical condition. They will ask about your previous medical, surgical and pregnancy history.

Dependent on your symptoms and how many weeks pregnant you are, you may then be asked to prepare for an ultrasound scan. This requires a full bladder so it's important to drink a pint of water 1 hour before your appointment. Sometimes it is difficult to get a clear image with the abdominal scan so you will then be asked if we can perform a vaginal scan as this enables the best images to be obtained.

A blood sample may also be required before or after the scan. From here a care plan will be agreed

We run an appointment system and will endeavour to keep to your appointment time, however due to the nature of the clinic we can sometimes run late. Please allow at least 1 hr for your appointment.